



Pune Regional Anaesthesia Course (PRAC) 2026

Theme - Plexuses & Planes: Cadaver to Clinical

A Fusion Meet Between Regional
Anaesthesiologists & Anatomists

Delegates Brochure

Block Your Dates

7th & 8th
March 2026





Welcome Message

Dear Delegates,

On behalf of the Sancheti Hospital Anaesthesia Team, it gives us immense pleasure to welcome you to the 11th Pune Regional Anaesthesia Course (PRAC) 2026, to be held on 7th & 8th March 2026 at The Orchid Hotel, Balewadi, Pune.

This year's theme – “Plexus & Planes: Cadaver to Clinical” – promises to be a unique academic experience, bringing together the expertise of Regional Anaesthesiologists and Anatomists on one platform. The course is thoughtfully designed to provide practical insights and hands-on learning through Panel Discussions, Debates, and Masterclasses.

PRAC has always been a vibrant academic meeting, and in its 11th edition, we aim to take the learning experience to the next level by blending cadaveric anatomy with clinical application, ensuring that delegates gain both knowledge and skill to enhance their daily practice.

We invite you to immerse yourself in this enriching academic journey, interact with experts, and take back practical learnings that will make a difference in your clinical practice.

We look forward to your active participation and wish you an engaging and fruitful conference.

Warm regards,

Pune Regional Anaesthesia Course (PRAC) 2026

www.pracsancheti.com



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Anatomist



**Dr. Purushottam Rao
Manvikar**



**Dr. T. S.
Gugapriya**



**Dr. Yogitha
Ravindranath**

Anaesthesiologists



**Dr. Javed
Khan**

AORA President



**Dr. T.
Sivashanmugam.**



Dr. Rupinder



**Dr. Azam
Danish**



**Dr. Nilesh
Naphade**



**Dr. Archana
Areti**



**Dr. Divesh
Arora**



**Dr. Dheeraj
Masapu**

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Patron

Dr. K H Sancheti

Dr. Parag Sancheti

Chairman

Dr Sandeep Diwan

Dr Varshali Keniya

Co-Chairman

Dr Nitin Gawai

Dr Sandeep Mutha

Secretary

Dr Avinash Gaikwad

Dr Madhuri Dhadke

Dr Sachin Arbhi

Treasurer

Dr Ganesh Bhong

Scientific Chairman

Dr Himaunshu Dongre

Scientific Co-Chairman

Dr Nita D'Souza

Academic Coordinator

Dr Abhishek Lonikar

Advisory Board

Dr Garcha P S

Dr Ashok Shyam

Dr Bharti Adhye

Executive Committee

Dr Shweta Puntambekar

Dr Pallavi Butiyani

Dr Sunil Bapat

Dr Mamta Sadre

Dr Laxmi Manvikar

Dr Neha Wakode

Dr Tanmay Patil

Dr Kanchan Deodhe

Lt Col John MK

Dr Madhuri Dadke

Dr Amit Dixit

Dr Simpika Thakur

AORA Fellows

Dr Navveen PS

Dr Reshma Nath

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Session 1 (Breaking the stereotype)	8:30am-9:30am
Brachial Plexus Sheath: Fact or Fiction Dr Gugapriya	15 min
Optimal injection site in Ultrasound Supraclavicular BPB Dr Sivashanmugam	15 min
Brachial plexus block failures - Exploring anatomical reasons Dr Azam	15 min
Cadaveric Injections in Brachial Plexus Sandeep Diwan	15 min
Session 1 Discussion	9:30am-9:45am 15 min
Out of the Box More than motor sparing - cognitive sparing in regional anaesthesia Regional anaesthesia and ageing brain: what you need to know? Dr Dheeraj	9:45-10:00am 15 min

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Session 2 (Unravelling the mystery)	10:10am - 11:10am
Dissecting the popliteal sheath: Intermix of Sheath and Nerves!! Dr Yogitha	15 min
At, Between or Beyond Popliteal Sciatic Nerve: where should I inject? Dr Divesh Arora	15 min
Intraneural v/s extraneural popliteal sciatic nerve : How do I distinguish? Dr Sivashanmugam	15 min
Cadaveric Injections in Sciatic Nerve Sandeep Diwan	15 min
Break	11:00am - 11:15 am
Out of the box Blocks in the Hills : Regional Anaesthesia Across coastline Dr Nilesh Naphade	11:15am - 11:30am 15 min
Session 3 (New Horizons)	11:30am - 12:30 pm
Fascial planes and anatomic implications Dr P Manvikar	20 min
What to choose? The neural element or the fascial plane? Dr Azam Danesh	20 min

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Complications of Fascial plane injection. How careful should we be? Dr Divesh Arora	20 min
Cadaveric Injections in Paraspinal Spaces Sandeep Diwan	15 min
Session 2: Discussion	15min
Out of the box Navigating consciousness: regional anaesthesia for Awake craniotomy To be awake or not to be: Rethinking Anaesthesia for brain surgery Dr Dheeraj Mapusa	12:30PM-12:45PM 20 min
LUNCH	12:45PM-13:45PM

Session 4 (Food for thought)	13:45PM-14:30PM
Do IIN and IHN belong to Lumbar Plexus? Dr Gugapriya	10 min
Does PCNT innervate the ankle joint? Dr Yogitha	10 min
Does Saphenous nerve innervate medial ankle capsule? P Manvikar	10 min
Session 4 Discussion	15 min

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Panel Discussion All Faculties Moderator Himaunshu Dongre; Sandeep Diwan	14:45PM-15:30PM
Fascial Plane Communications What we learn and How to Utilize these? Out of the BOX Beyond blocks But within Legal framework Preserve data Protect yourself: Power of documentation Dr Nilesh Naphade	15:30PM-15:45PM 15 min
Panel Discussion All Faculties Moderator Himaunshu Dongre; Sandeep Diwan Should we really FEAR phrenic nerve paresis?	15:45PM-16:30PM

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SUNDAY	
MASTERCLASSES	
DEMONSTRATION BY FACULTIES	
Session 5 Ultrasound Lumbar and Thoracic Spine Shivashanmugam; Azam Danesh	8:00AM - 8:40AM
Ultrasound Paravertebral and Paraspinal Archana Areti; Divesh Arora	8:45AM - 9:25AM
Ultrasound Lumbosacral plexus Himaunshu Dongre; Sandeep Diwan	9:30AM - 10:10AM
Ultrasound Distal Shoulder Sandeep Diwan	10:15AM -10:55AM
Inaugural function	11:15AM -12:00PM
LUNCH	12:00PM-13:00PM
Session 6 Can we Strategize use of Adjuvants in PNBs? Archana Areti	13:00PM-13:15PM 15 min
How do I do Interscalene Block Nitin Gawai	13:30PM-14:20PM 10 min

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Costoclavicular Block Avinash Gaikwad	10 min
Forearm Blocks Navveen PM	10 min
Peng and SIFI Reshma Nath	10 min
Sciatic Block Ganesh Bhong	10 min
Panel Discussion Why we are practising MOTOR sparing blocks? All Faculties Moderator Archana Areti; Sandeep Diwan	14:20PM-15:00PM

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Registration Charges

Non Residential Package			
Category	EARLY BIRD TILL 30th Nov.	REGULAR TILL (FROM 1ST Dec.)	LATE & SPOT (FROM 1ST Feb.)
Delegate	Rs. 5000+GST	Rs. 7000+GST	Rs. 8000+GST
Student / PG	Rs. 3000+GST	Rs. 5000+GST	Rs. 6000+GST
GST 18% EXTRA Non Residential Registration Package Includes: Conference Registration Fees + Conference Lunch on , Saturday and Sunday (7th, and 8th March 2026) + Visit of Trade Exhibition + Conference Registration Kit			

Residential Package One Night			
Category	EARLY BIRD TILL 30th Nov.	REGULAR TILL (FROM 1ST Dec.)	LATE & SPOT (FROM 1ST Feb.)
Members Twin Sharing	Rs. 9999	Rs. 10999	Rs. 11999
Members Single	Rs. 12999	Rs. 13999	Rs. 14999
Members With Companion	Rs. 19999	Rs. 20999	Rs. 21999
GST 18% EXTRA Residential Registration Package Includes: Room at The Orchid Hotel Balewadi Pune (Check In on Saturday 7th March 2026 at 2 pm and Check out on Sunday 8th March 2026 at 12 noon) Registration Fees + Brekfast (8th March), Conference Lunch on , Saturday and Sunday (7th, and 8th March 2026) + Dinner on 7th March 2026 Visit of Trade Exhibition + Conference Registration Kit			

Residential Package Two Nights			
Category	EARLY BIRD TILL 30th Nov.	REGULAR TILL (FROM 1ST Dec.)	LATE & SPOT (FROM 1ST Feb.)
Members Twin Sharing	Rs. 17999	Rs. 18999	Rs. 19999
Members Single	Rs. 25999	Rs. 26999	Rs. 27999
Members With Companion	Rs. 32999	Rs. 33999	Rs. 34999
GST 18% EXTRA Residential Registration Package Includes: Room at The Orchid Hotel Balewadi Pune (Check In on Friday 6th March 2026 at 2 pm and Check out on Sunday 8th March 2026 at 12 noon) Registration Fees + Brekfast, Conference Lunch on , Saturday and Sunday (7th, and 8th March 2026) + Dinner on 6th & 7th March 2026 Visit of Trade Exhibition + Conference Registration Kit			

Cancellation & Relend Policy : No refund on the cancellation

Delegates who want to check in earlier than mentioned timing may request us for Extra one day package



 **sancheti**

HIGHLIGHTS:

- How Do I Do it ?
- Panel discussion
- Debates
- Masterclasses



**Pune Regional Anaesthesia
Course (PRAC) 2026**



Scan & Register



The Orchid Hotel, Balewadi, Pune.



Organizing Secretariat :

THE ARC EVENT

The Arc Events

Office No.105 Lotus Manas Apartment ,Bibwewadi, Pune-311037

Website:- thearcevents.co.in

Contact No.8275779644